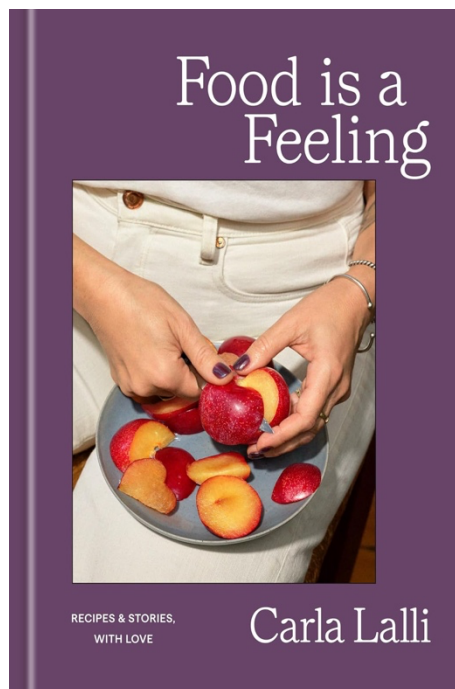


Librarian's Book-of-the-Week—October, 2026



FOOD IS A FEELING:

RECIPES & STORIES WITH LOVE

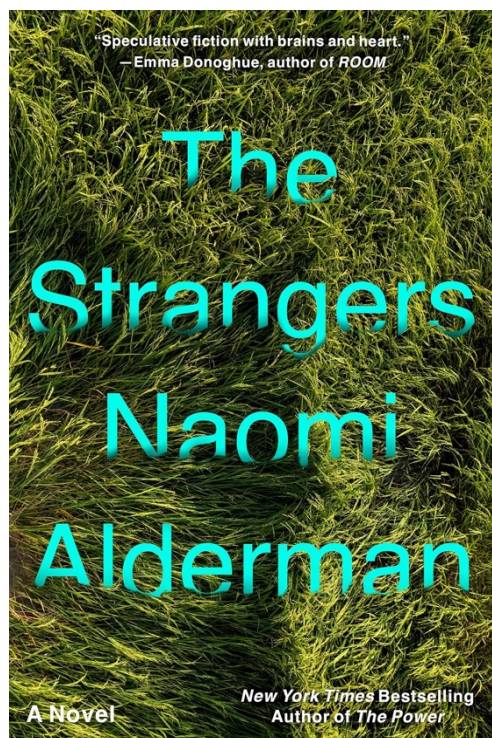
Carla Lalli

Clarkson Potter Publisher, Sept 8, 2026

Non- Fiction

An intimate, story-driven cookbook that explores the idea of cooking and eating as an act of self-care, with 65 time-tested and nourishing recipes from the James Beard Award-winning author.

In writing that is revealing, relatable, and funny, Carla uses rich context from her own life to make the case that food is so much more than just fuel, and yes, we should eat our feelings. After all, they're delicious.



THE STRANGERS

Naomi Alderman

Little, Brown, & Company, Sept 22, 2026

Fiction

Novelist Naomi Alderman sets up a wildlife camera in the back garden of her parents' home. It captures the first image of a strange new animal. Low to the ground, about the size of a badger, flat face, long, trunk-like nose. Suddenly, these "mimmoths" are as common as foxes or dogs. And no one knows where they've come from.

The Strangers is a thrillingly original and devastatingly moving novel inviting us to reconsider what it means to be human. It's like nothing you'll have read before.



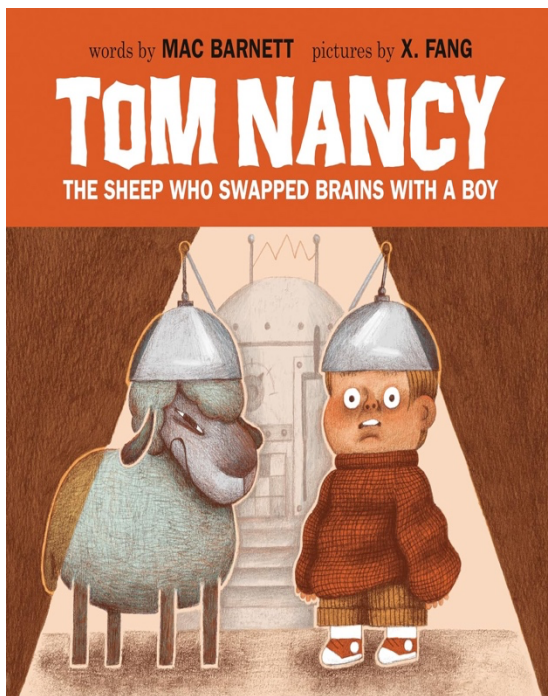
FAIR ONES: A DOUBLE NOVEL

Lydia Millet

W.W. Norton & Company, Oct 6, 2026

Fiction

A captivating tale of friendship, shock, and survival, Mara and Jen are left reeling from the sudden death of their friend, Claire. Mara's narrative, titled *Fair*, begins in the aftermath of initial shock as she and Jen grapple with the circumstances surrounding Claire's death. Meanwhile, Jen's perspective is explored in the novel's companion piece, *Ones*, which picks up a year later. As Mara and Jen navigate the complexities of new relationships and confront old secrets, they embark on a journey of self-discovery and resilience.



TOM NANCY: THE SHEEP WHO SWAPPED BRAINS WITH A BOY

Marc Barnett, X. Fang (illustrator)

Tundra Books, Sept 22, 2026

Children, Ages 4-8

From two of the most acclaimed and beloved picture book makers today, Mac Barnett and X. Fang, comes a hilarious trickster tale like no other. A sneaky sheep has a proposal for an innocent boy that will change both of their lives forever: a brain swap!

Tom Nancy will have readers of all ages laughing out loud and on the edge of their seats.